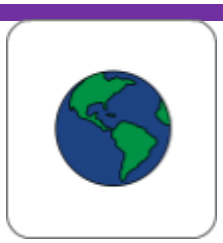
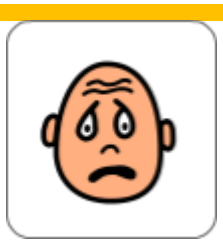
# About the Coronavirus Feeling Unwell

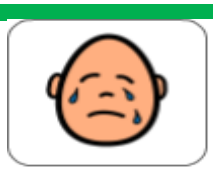


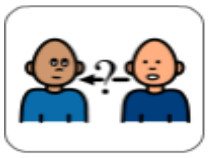
Coronavirus is a new flu bug that is affecting people all over the world. Sometimes it is called Covid-19.

I am feeling unwell and have been told to stay at home.



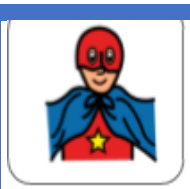
I am a bit worried and scared that this means I am very sick.

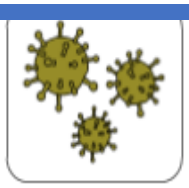




I may be crying because I am upset and worried.

I may be asking lots and lots of questions.





I must remember that this does not mean I am going to get very sick. Children are very good at fighting germs. We are like Superheroes.

It just means that I have to stay away from other people so they don't catch my germs. I can't go to school, visiting people, to the shops or anywhere for 14 days even if I feel better. THIS IS VERY IMPORTANT.

The adults in my life will help keep me healthy by giving me food, water and medicine.

I must remember that although the coronavirus will be here for a few months, it will go away again and everything will go back to normal.